

MEETING MINUTES
December 10, 2024
Western Nevada College
Healthy Campus and Environment Committee
11:00am – 12:00pm

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| 1. Call to Order 11:05 a.m. | |
| 2. Roll Call <u>Present:</u> Academic Faculty-Nigel Harrison, Chair Media Services-Matt Shafer Classified-Hilda Villafana Academic Faculty-Stefanie Bischoff Administrative Faculty - Elizabeth Best Administrative Faculty - Kyle Kelly Administrative Faculty - Cameron Carr Administrative Faculty - Tracy Mendibles H&HS Rep - Cindy Lepe <u>Absent:</u> Administrative Faculty - Shannon Covey Academic Faculty - Martin Schmidt Security - Ed Millim Academic Faculty - Mary Gillespie Facility/CFO Rep - Jeff Erickson Student - Logan McAlister | |
| 3. Approval of Minutes (November 16, 2024) Motion to approve: Stephanie Bischoff 1 st : Kyle Kelly 2 nd | Action |
| 4. Bylaws - no comments | Discussion |
| 5. Monthly Activities: Sub Committees... “Task Force” <ul style="list-style-type: none"> ● November - <ul style="list-style-type: none"> ○ Nov. 19th - Diabetes Awareness month - CCHHS tabling event from 10:30am -1pm in Dini Student Center - (Cindy) a lot of table visitation but not a lot of information on diabetes handed out. ○ Nov. 21st - Great American Smoke-out, Tobacco Awareness - (Cindy) event from 10:30a-1pm in the BRIS Spine - not a lot of foot traffic in the Spine location but information was shared with 6 people. ● December - Healthy Cooking Recipes (Cameron) - | Discussion/Action |

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| <ul style="list-style-type: none"> ○ Final version of Wildcat Kitchen approved by the committee. 100 copies to be printed, assembled and distributed at the holiday party on December 13. ● January - New Year, New You (Michael) <ul style="list-style-type: none"> ○ Strava walking challenge - group account has been created and will be open to the public. We will send an announcement to WNC staff/students in December to start in January. An email will be going out to campus. ● February - Heart Health month (Stefanie) - <ul style="list-style-type: none"> ○ Moved location to the Student Center in the Dini building. Will be scheduled on February 12 from 11am to 1pm. Stephanie and students to take blood pressure. Tracy to assist with reserving location and flyers. ● March - Digital Detox (Kyle) <ul style="list-style-type: none"> ○ Repurpose time ○ Self care tips ○ Disc golf ○ Drink more water ○ Plan your time ○ Kyle to work on table tents, posters & ad for TV's ● April - Earth month (Kyle & Erica) campus clean-up <ul style="list-style-type: none"> ○ Start weekly trail walks thru May ● May - Disc golf, weekly walks (All members) <ul style="list-style-type: none"> ○ Mental Health Awareness month | |
| <p>6. Annual Initiatives</p> <ul style="list-style-type: none"> a. Disc Golf update - Martin <ul style="list-style-type: none"> i. Over the winter break baskets will be built and posts for signs will be installed. b. Green Certification <ul style="list-style-type: none"> i. No updates c. Monthly Walks - when weather permits, we will start these up again | Discussion/Action |
| <p>7. New Business -</p> <ul style="list-style-type: none"> a. Green Certification (Erica Gallegos) <ul style="list-style-type: none"> i. no updates | Discussion/ Action |
| <p>8. Public Comment - None</p> | Discussion/ Action |
| <p>9. Next Meeting Date - February 18, 2025 at 11am</p> | Discussion |
| <p>10. Adjournment 11:20 a.m.</p> | |

