MINUTES (BLANK) Western Nevada College Healthy Campus and Environment Committee 10:00am – 11:30m

MINUTES

Rikalc	all - Brenda Yenkole, Hilda Villafana, Erica Gallegos, Martin S , Matthew Shafer, Elizabeth Best, Stefanie Bischoff, Ed Millim resent: Jeff Erickson, <u>Nigel Harrison</u> , <u>Gisela Munoz</u>	
Appro	val of Minutes (9/9/2022)	Action
Chair	update	Discussion/Action
0	Brenda has updated the shared folder(e.g. Minutes, Agendas).She also got templates from the WNC designer for emails, flyers, etc.	
Octob	er – Breast Cancer Awareness Month	Discussion/Action
0	Flyers up already for wearing pink, pink fashion show	
0	Heather - runway show is contingent on students and	
	participants, not looking like enough sign ups. Set for the 26th.	
	Had Plato's Closet donate clothing for students to wear.	
0	Wear pink on Wednesdays, October 21st is the national day too.	
	 Offering pink shirts to healthy campus committee. To access a shirt, lat her know (tall them they're part of 	
	come get a shirt, let her know (tell them they're part of HCEC).	
	 Staff member / survivor mentioned they wanted to get 	
	involved. Willing to participate in a lunch and learn.	
	 Tabling event possibility. Might be able to get materials 	
	from breast cancer awareness website. Looking for	
0	resources outside campus. Elizabeth offered to contact hospital and see if they have any	
0	ribbons available, as well as any tabling materials	
0	Team recommends sending out an email to encourage people to	

	Really need to plan a year ahead for an event like this, or contact nem in February	
o B	Brenda working with contact to bring general public/community o campus next year (Mammogram Van?)	
Novemb	er – Diabetes/Lung Cancer/Tobacco Awareness	Discussion/Action
o B	Brenda has ideas listed in folder for November.	
• N	lovember 15th - Americas Recycle Day	
	Great American Smokeout Event - 11/17/22 (Tabling event)	
	 Matt pointed out that people from the city used to come 	
	out and help with this event. Brenda said she would	
	reach out to those individuals and see if they have any	
	interest	
	 Brenda will put together a flyer and upload it to the drive 	
	maybe CCHHS survival kit (fidget items, mints, putty,	
	keychains)	
	■ Survey or interactive game, maybe send out a campus-	
	wide survey as well	
	 Cold Turkey Sandwiches - going Cold Turkey Food 	
	Truck	
	 Best places to table? Student Center, Bristlecone, 	
	Reynolds, Cedar	
	Brenda working on the HCEC website. Matt said he would	
	ssist with updating the information (e.g. including the fitness	
	enter, breast cancer, etc).	
o F	Ieather on diabetes	
	Any kind of resource for pre-diabetes check?	
	 Brenda will reach out to hospital / benefits fair to see if 	
	they have anything we can share	
	Budget - can we get a budget for our committee to do these	
t	nings, and how much would we need?	
	 Heather - happy to provide swag when needed, for free 	
	• Can request money through ASWN, they try to	
	spend it every year because it is tuition based	
	• May need to do a budget resource request	
• Projects	and Planning	Discussion/Action

	 Jeff - WNC Trailhead
	 Jeff - Intercollegiate Mountain Bike Club
	• Heather - WNC Mountain Bike Club (Student Club Fair)
	■ Had a sign up sheet at ASWN booth, no sign ups despite
	huge turnout
	 Engagement has been low
	 Elizabeth - is it possible to promote these ideas at the
	front desk of the student center? (Sounds like they are
	trained to start good conversations with students.
	Advertise clubs)
	 Jeff/Heather - Outdoor Fitness Center
	 Need updates from Jeff
	• Evolved into group discussion of student and staff engagement,
	how difficult it is, using free food as incentives.
	• Sidenote: ASWN is also struggling with only three members.
	Applicants in process.
	 Executive approval from Kyle and Dana Erica really just needs to know who to contact on campus Will let the committee know how they can help once baseline is established Matt - contact Nicki Gladys for copy paper. ASWN also buys a lot of paper.
Discussion/ Action	v Business - None
Discussion	lic Comment - None
Discussion	tt Meeting Date: November 18, 2022
Discussion	